

# Maya Culture and Language Introduction Group

1 week sample Itinerary

## 6 DAYS / 7 NIGHTS

Per Person with 4 - 6 people: \$949 USD

Per Person with 7-15 people: \$899 USD

### Sunday

Arrival Private van from airport to Carrillo Drop off individually at homestays If early arrival, quick orientation and welcome activity such as swimming at local pool Dinner at homestay

# Monday

Breakfast with homestay family

Pick up from homestay for orientation at Na'atik to meet local students, discuss cultural adaptation, living with homestays, the culture of Carrillo Puerto and about Na'atik's mission

1.5 hours of Maya language introduction

Lunch with homestay family

2 hours of Maya language class

Visit to Raxalaj, a local Maya cultural center for a tour of a Maya medicinal garden followed by a ceremonial prayer (Tamazcal add-on optional)

Dinner with homestay family

### Tuesday

Breakfast with homestay

Trip to the Chacchoben Ruins and Bacalar, which includes a boat trip on the lagoon and swimming followed by lunch (not included)

Dinner with homestay



to'on na'atik we are understanding each other nos entendemos

#### Wednesday

Breakfast with homestay

Bike tour through the Sian Ka'an bioreserve and swim in a lagoon with our local guide **OR** Dulce's studio for a screen printing t-shirt workshop where students choose a design created by a local Maya artist, print their own t-shirts, and then can cut their own glass from recycled bottles

Lunch with homestay family

2 hours of Maya class

Trip to Kantemó snake cave. It is a night tour and students get back to Carrillo late, around 11pm/12pm. Homestay family sends them off with a pack dinner

#### Thursday

Breakfast with homestay

Maya cooking and 2 hours of Maya language class in the Maya community of Uh May to prepare chicken *en pib* (buried), make tortillas, salsa and juice, have lunch, tour of Maya cemetery, and participate in a Traditional Maya ceremony

Trip to local lagoon Sijil Noh Ha for swimming and kayaking

Dinner with homestay

#### Friday

Breakfast with homestay

Trip to Bacalar lagoon of Seven Colors for boat trip, swimming, exploration of the small town and fort to keep away pirates. Lunch not included.

Dinner at homestay

#### Saturday

Transportation to airport for departure